



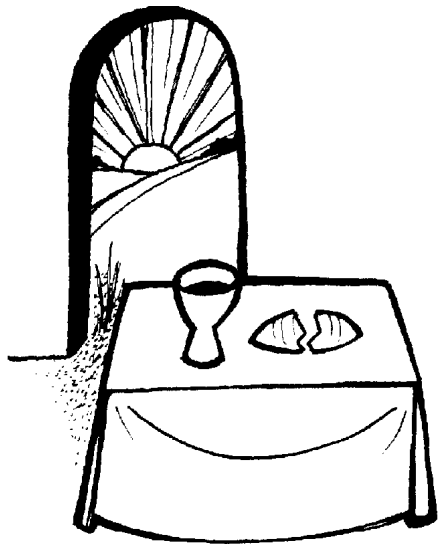
**Belmont Abbey**

Retreats, Conferences & Workshops

# *The Sacraments*

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# Pathways to Holiness



Led by Dom Simon McGurk

*Monday 14th (4pm)  
to Thursday 17th (2pm)  
May 2012 (3 days)*

Cost £28 plus meals/accommodation.

**C**ATHOLICS are familiar with the seven sacraments; most have received at least three. But are we really aware of their source and profound meaning?

Returning to the Scriptures and the Fathers of the Church, Vatican II led us towards an exciting renewed teaching which even 50 years later is scarcely understood.

This retreat is aimed to help us understand the place of Christ as **the** Sacrament from whom flows the life of the Church in the sacraments.

How do these sacraments nourish our daily lives and create our spiritual growth?



**T**HIS RETREAT may be of particular interest to parish catechists, leaders of R.C.I.A. and lay ministers.

*Dom Simon returns to Belmont Retreats after a time at Belmont's foundation in Peru and as superior of St Anselm's Abbey, Washington.*

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**For further information contact**

The Retreats Secretary, Belmont Abbey,

HEREFORD HR2 9RZ

Tel: 07799 811 646 Bookings

**E-mail:** [retreats@belmontabbey.org.uk](mailto:retreats@belmontabbey.org.uk)

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Belmont Abbey General Trust. Charity 226278.

## General Information

- ❖ All retreats and conferences at Belmont take their rhythm from the Divine Office and Mass, the daily round of prayer of the monastic community which guests are welcome to attend.
- ❖ You are welcome to arrive at any time Monday afternoon. The retreat begins with tea at 4.00pm and the first session at 4.30pm.
- ❖ Departures are after 1.00pm lunch on Thursday.
- ❖ Talks are normally be held in the Kemble Room, situated halfway between the Hedley Lodge entrance and the Abbey Church.
- ❖ Meals and accommodation are in Hedley Lodge Guesthouse which provides a comfortable and relaxed atmosphere for your stay.
- ❖ If the accommodation is available you are welcome to extend your stay. The number for Hedley Lodge is 01432 374747.