



Belmont Abbey

Retreats, Conferences & Workshops

Christ *in his* Mysteries

THE LENT RETREAT



Led by Dom Brendan Thomas

Monday 20th to Thursday 23rd

February 2012

(3 days over Ash Wednesday)

Cost £28 plus meals/accommodation.

CHRIST is *"beautiful in heaven, beautiful on earth,"* Augustine was moved to say as he explained the Psalms. At every stage of Christ's life he found beauty.

On our Lent retreat we enter into the story of salvation played out in Galilee and Jerusalem in the person of Jesus. We reflect on Christ in his Incarnation and his Baptism, his Miracles and his Preaching. We prepare to enter into the Great Week of Salvation, Holy Week, and reflect on Christ in his Paschal Mystery: *"beautiful when laying down his life; beautiful in taking it up again."*

Above all, we ask what these mysteries tell us about God, and about ourselves, and how we appropriate these moments of revelation for our own journeys of faith, that this Lent may be a time of what the Greeks call *Philokalia* – the love of what is truly beautiful.

Dom Brendan is Novice Master and Retreat Master at Belmont.

For further information contact

The Retreats Secretary, Belmont Abbey,

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Tel: 07799 811 646 Bookings

E-mail: retreats@belmontabbey.org.uk

General Information

- ❖ All retreats and conferences at Belmont take their rhythm from the Divine Office and Mass, the daily round of prayer of the monastic community which guests are welcome to attend.
- ❖ You are welcome to arrive any time Monday afternoon. The retreat begins with tea at 4pm followed by the opening Session.
- ❖ Departures are after 1.00pm lunch on Thursday.
- ❖ Talks are normally be held in the Kemble Room, situated halfway between the Hedley Lodge entrance and the Abbey Church.
- ❖ Meals and accommodation are in Hedley Lodge Guesthouse which provides a comfortable and relaxed atmosphere for your stay.
- ❖ If the accommodation is available you are welcome to extend your stay. To book, the number for Hedley Lodge is 01432 374747.